

Paul Bergner
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Employment

PRACTITIONER: MEDICAL HERBALISM AND CLINICAL NUTRITION 1973-PRESENT
Louisville, Ky; Washington, DC; Taos New Mexico; New Haven, CT; Portland, OR; Boulder, CO

DIRECTOR 1989-PRESENT
North American Institute of Medical Herbalism Boulder, Colorado

Trained and mentored more than 240 students through 1000+ hours clinical program between 1996 and 2013. Developed and direct a 3-stage educational program in medical herbalism and clinical nutrition in an occupational school format. Program includes introductory program with integrated classes in physiology, pathology, and materia medica; a six month advanced clinical herbalism program; and an eight month internship in the clinic. A parallel clinical nutrition track lasts 20 months. Direct a public sliding-scale clinic. Integrated Seminar and Distance Learning programs in medical herbalism clinical nutrition and adjunct fields of natural medicine. Teach the major classes at all levels. Publish the *Medical Herbalism* journal. Classic publications from Physio-medical and Eclectic medicine in print and CD-ROM formats.

CLINICAL PROGRAM DIRECTOR AND FACULTY 1994-2003
Rocky Mountain Center for Botanical Studies Boulder, Colorado

Train clinical interns in clinical skills, therapeutic herbalism, and clinical nutrition, during a nine-month internship. Emphasis on healing as a spiritual path and opportunity for deeper self-knowledge and evolution. Supervise 300-400 client visits per year. Trained more than 100 interns in 7 year period. Developed and administer 450 hour advanced program in therapeutics.

Classes taught: Physiology, Pathology, Advanced Pathophysiology, Herbal Therapeutics, Clinical Nutrition, Pharmacology, Drug-Herb Interactions, Herbal Toxicology, Geriatrics, Introduction to Traditional Chinese Medicine, Introduction to Homeopathy, Aromatherapy, Nature Observation, Mt. Hood (Oregon) Field Trip.

FACULTY SUPERVISOR: MASTERS DEGREE THESIS 2002-2003
Scottish School of Medical Herbalism Glasgow, Scotland

ADJUNCT FACULTY, NUTRITION 1999-PRESENT
Naropa University Boulder, Colorado

FACULTY, NUTRITION (MASTERS PROGRAM) 2001-PRESENT
Seven Bowls School of Nutrition Longmont, Colorado

ADJUNCT FACULTY, NUTRITION (MASTERS PROGRAM) 2002-2005
Tai Sophia Institute Columbia, MD

EDITOR AND WEBMASTER 1997-PRESENT
medherb.com Boulder, Colorado

EDITOR AND PUBLISHER
Medical Herbalism Journal 1989-PRESENT
Boulder, Colorado

EDITOR AND PUBLISHER 1992-1996
Clinical Nutrition Update Portland, Oregon
A quarterly review of human trials in clinical nutrition.

FOUNDING DIRECTOR 1987-1993
Alchemical Medicine Research and Teaching Association (AMRTA) Portland, Oregon

18 Produced the IBIS computer database of medical treatments. A team of 100+ doctors and medical students compiled treatments for 262 medical conditions from systems of alternative medicine. Administered, plus supervised marketing, technical writing, and support.

Book Publication

COUNTRY DOCTOR'S BOOK OF FOLK REMEDIES AND HEALING WISDOM 1998
Publications International Chicago, Illinois

A review of scholarly literature on ethnobotany and folk remedies for forty ailments, with commentary on contemporary scientific validation.

THE HEALING POWER OF MINERALS, SPECIAL NUTRIENTS, AND TRACE ELEMENTS 1997
Prima Publishing Rocklin, California

An overview of the whole foods diet and mineral supplementation as therapeutic interventions, with an emphasis on mineral content and metabolism. This book was commissioned by the Book-of-the-Month Club.

THE HEALING POWER OF ECHINACEA, GOLDENSEAL, AND THE IMMUNE HERBS 1997
Prima Publishing Rocklin, California

A review of echinacea, goldenseal, and 22 other herbs affecting immunity from the point of view of both traditional nineteenth-century physician level herbalism and of contemporary science. This book was a pick of the Book-of -the-Month Club

THE HEALING POWER OF GINSENG AND THE TONIC HERBS 1996
Prima Publishing Rocklin, California

A primer on traditional Chinese medicine, with ginseng and 26 other Chinese tonic herbs as the focus. This book was a pick of the Book-of-the-Month Club, and has been translated and published in Russian and Spanish

THE HEALING POWER OF GARLIC 1995
Prima Publishing Rocklin, California

A general introduction to the traditional healing systems of the world, exploring the use of garlic in each. A scientific review of the properties and constituents of garlic. This book was a pick of the Book-of-the-Month and Rodale Book Clubs, and has been translated and published in Russian and Spanish

TWELVE POWERFUL HERBS 1995
Indiana Botanical Gardens Fort Wayne, Indiana

SAFETY AND COST-EFFECTIVENESS IN NATUROPATHIC MEDICINE 1993
American Association of Naturopathic Physicians Seattle, Washington

Periodicals

FREELANCE WRITER IN HERBALISM AND NUTRITION 1987-1996
140+ articles placed in 12+ health media *U.S.A., Canada, Australia*

Education

St Louis University, St Louis Missouri, Pre-medicine 1965-7
University of Louisville, Louisville, Kentucky Pre-medicine and psychology 1967-8
National College of Naturopathic Medicine, Portland, Oregon, 1986-7
Medical Studies, 48 semester hours, doctoral level

Affiliations

American Herbalists Guild
Council of Herbal Schools
National Association of Science Writers
Wilderness Awareness School
Shakiri Tracking Guild
Colorado Front-Range Trackers
Nur-Ashkii-Jerrahi Sufi Order