

Paul M. Bergner

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Employment

PRACTITIONER: MEDICAL HERBALISM AND CLINICAL NUTRITION 1973-PRESENT
Louisville, Ky; Washington, DC; Taos New Mexico; New Haven, CT; Portland, OR; Boulder, CO

DIRECTOR 1989-PRESENT
North American Institute of Medical Herbalism Boulder, Colorado

Developed and direct a 3-stage educational program in medical herbalism and clinical nutrition in an occupational school format. Program includes 16-week introductory program with integrated classes in physiology, pathology, and materia medica; a seven month advanced clinical herbalism program; and an 8 month internship in the clinic. A parallel clinical nutrition track lasts 20 months. Direct a public sliding-scale clinic. Integrated Seminar and Distance Learning programs in medical herbalism clinical nutrition and adjunct fields of natural medicine. Teach the major classes at all levels. Publish the *Medical Herbalism* journal. Classic publications from Physio-medical and Eclectic medicine in print and CD-ROM formats. Trained more than 180 clinical interns in 8-month program.

CLINICAL PROGRAM DIRECTOR AND FACULTY 1994-2003
Rocky Mountain Center for Botanical Studies Boulder, Colorado

Train clinical interns in clinical skills, therapeutic herbalism, and clinical nutrition, during a nine-month internship. Emphasis on healing as a spiritual path and opportunity for deeper self-knowledge and evolution. Supervise 300-400 client visits per year. Trained more than 100 interns in 7 year period. Developed and administer 450 hour advanced program in therapeutics.

Classes taught: Physiology, Pathology, Advanced Pathophysiology, Herbal Therapeutics, Clinical Nutrition, Pharmacology, Drug-Herb Interactions, Herbal Toxicology, Geriatrics, Introduction to Traditional Chinese Medicine, Introduction to Homeopathy, Aromatherapy, Nature Observation, Mt. Hood (Oregon) Field Trip.

FACULTY SUPERVISOR: MASTERS DEGREE THESIS 2002-2003
Scottish School of Medical Herbalism Glasgow, Scotland

ADJUNCT FACULTY, NUTRITION 1999-2007
Naropa University Boulder, Colorado

FACULTY, NUTRITION (MASTERS PROGRAM) 2001-2005
Seven Bowls School of Nutrition Longmont, Colorado

ADJUNCT FACULTY, NUTRITION and Medical Herbalism(MASTERS PROGRAM) 2002-present
Tai Sophia Institute Columbia, MD

EDITOR AND WEBMASTER 1997-PRESENT
medherb.com Boulder, Colorado

EDITOR AND PUBLISHER
Medical Herbalism Journal

1989-PRESENT
Boulder, Colorado

EDITOR AND PUBLISHER
Clinical Nutrition Update

1992-1996
Portland, Oregon

A quarterly review of human trials in clinical nutrition.

FOUNDING DIRECTOR
Alchemical Medicine Research and Teaching Association (AMRTA)

1987-1993
Portland, Oregon

Produced the IBIS computer database of medical treatments. A team of 100+ doctors and medical students compiled treatments for 262 medical conditions from 18 systems of alternative medicine. Administered, plus supervised marketing, technical writing, and support.

Book Publication

COUNTRY DOCTOR'S BOOK OF FOLK REMEDIES AND HEALING WISDOM
Publications International

1998
Chicago, Illinois

A review of scholarly literature on ethnobotany and folk remedies for forty ailments, with commentary on contemporary scientific validation.

THE HEALING POWER OF MINERALS, SPECIAL NUTRIENTS, AND TRACE ELEMENTS
Prima Publishing

1997
Rocklin, California

An overview of the whole foods diet and mineral supplementation as therapeutic interventions, with an emphasis on mineral content and metabolism. This book was commissioned by the Book-of-the-Month Club.

THE HEALING POWER OF ECHINACEA, GOLDENSEAL, AND THE IMMUNE HERBS
Prima Publishing

1997
Rocklin, California

A review of echinacea, goldenseal, and 22 other herbs affecting immunity from the point of view of both traditional nineteenth-century physician level herbalism and of contemporary science. This book was a pick of the Book-of -the-Month Club

THE HEALING POWER OF GINSENG AND THE TONIC HERBS
Prima Publishing

1996
Rocklin, California

A primer on traditional Chinese medicine, with ginseng and 26 other Chinese tonic herbs as the focus. This book was a pick of the Book-of-the-Month Club, and has been translated and published in Russian and Spanish

THE HEALING POWER OF GARLIC
Prima Publishing

1995
Rocklin, California

A general introduction to the traditional healing systems of the world, exploring the use of garlic in each. A scientific review of the properties and constituents of garlic. This book was a pick of the Book-of-the-Month and Rodale Book Clubs, and has been translated and published in Russian and Spanish

TWELVE POWERFUL HERBS
Indiana Botanical Gardens

1995
Fort Wayne, Indiana

SAFETY AND COST-EFFECTIVENESS IN NATUROPATHIC MEDICINE
American Association of Naturopathic Physicians

1993
Seattle, Washington

Periodicals

FREELANCE WRITER IN HERBALISM AND NUTRITION
140+ articles placed in 12+ health media

1987-1996
U.S.A., Canada, Australia

Education

St Louis University, St Louis Missouri, Pre-medicine 1965-7

University of Louisville, Louisville, Kentucky Pre-medicine and psychology 1967-8

National College of Naturopathic Medicine, Portland, Oregon,
Medical Studies, 48 semester hours, doctoral level 1986-7

Affiliations

American Herbalists Guild
Council of Herbal Schools
National Association of Science Writers
Wilderness Awareness School
Shakiri Tracking Guild
Colorado Front-Range Trackers
Nur-Ashkii-Jerrahi Sufi Order